

An initiative by Rotary Club of Mumbai Lakers



**SERVE TO  
CHANGE LIVES**



# The Lakers Bulletin – 4<sup>+</sup>

The Rotary Club of Mumbai Lakers : April–June–2021–22 Edition

**PRESIDENT -**  
Rtn. Nimish Agarwal

**SECRETARY -**  
Rtn. Radhika Badani

**TREASURER -**  
Rtn. Mukesh Shah





“

**In a Gentle Way  
Shake the World.**

*- MAHATMA GANDHI*

# TABLE OF CONTENT

## **01. GRATITUDE NOTE FROM PRESIDENT'S DESK**

---

## **02. MAJOR HIGHLIGHT – BROOKFIELD PROPERTIES POWAI RUN**

---

## **03. BIKE AMBULANCES - RCML ENABLES HEALTHCARE IN REMOTE AREAS**

---

## **04. MEDICAL PROJECTS**

---

### **MEDICAL CAMP AND CPR TRAININGS**

MEDICAL CAMP AT EDEN 4 10TH APRIL

MEDICAL CAMP AND CPR TRAINING AT GLEN GROUP OF BUILDINGS 17TH APRIL

CPR AND MEDICAL CAMP AT NAHAR GROUP OF BUILDINGS, 1ST MAY

TWO MEDICAL CAMPS AT VALENCIA AND ETERNIA, 22ND MAY

MEDICAL CAMP AND CPR TRAINING AT RAHEJA VIHAR, 12TH JUNE 2022

MEDICAL CAMP AND CPR TRAINING AT RAJ GRANDEUR, 19TH JUNE

BLOOD DONATION

HEARING AID DONATION

SUPPORT FOR THALASSEMIA KIDS

## **05. NONMEDICAL PROJECTS**

---

LAUNCH OF LEARNING APP

PINK AUTO PROJECT

DREAM RAYTALE VILLAGE, PALGHAR

SUPPORTING MBA FOUNDATION

WATER WHEEL DISTRIBUTION

GIRL CHILD EDUCATION



# TABLE OF CONTENT

## 06. VOCATIONAL PROJECTS

---

TRAIN THE TRAINER BY STREE MUKTI SANGATHAN (SMS)  
COMMUNITY COUNSELLING WORKSHOP

## 07. YOUTH PROJECTS

---

REGISTRATION FOR POWAI RUN



## 08. DISTRICT EVENT AND REWARDS AND RECOGNITION

---

## 09. ONGOING PROJECTS

---

LITTLE HEART SURGERY  
PLASTIC FREE POWAI  
MR. BAKSHI'S SUNDAY CLASSES  
DAVAA TO DUA PROJECT

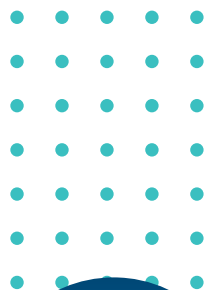
## 10. CLUB ACTIVITIES

---

CRICKET MATCH  
MANGO DOLLY NOON  
SHUKRIYA PARTY OF DREAM PRESIDENT

## 11. PRESS RELEASES

---



# FROM PRESIDENT'S DESK



Gratitude Note from President Desk — written directly from the bottom of my Heart

हज़ारों ख्वाहिशें ऐसी की हर ख्वाहिश पे दम निकले  
बहुत निकले मेरे अरमान लेकिन फिर भी कम निकले

As I'm signing off on 30th June from duties of Presidentship, I feel I'm still not done and getting emotional as looking back at the journey where it started.

It is good to have an end to journey toward; but it is the journey that matters, in the end. We did satisfactory 150 projects with 3.37 crores\* value to community in all Avenues touching more than 20K in lives. I'm feeling content & ecstatic.

I deeply appreciate all the support and encouragement I have received from BOD & all lakers all through the year to make dream year super successful & keeping lakers flag flying high. We bagged PLATINUM AWARD for our service projects, the unique highest Recognition in the Rotary world. It's great pride for me, my club become THE PLATINUM CLUB in dream year.

Every project every opportunity I got, I took it as a challenge & learning experience. Today when I see myself, I'm a different person with more maturity, higher confidence & patience with the ability to handle complex situations & different projects & people. This Presidentship in my life, transformed me completely. I shall cherish this proud year life long. It taught me, there is nothing which you can't be achieved, there is no such word NO.

I hope I've done justice to the Role & made lakers proud in society & district. I was breathing / eating / sleeping Rotary throughout the year. Now I will relax as I pass on the baton to our hard working incoming president MANJU UDASHI. Congratulations Manju n best wishes.

# FROM PRESIDENT'S DESK

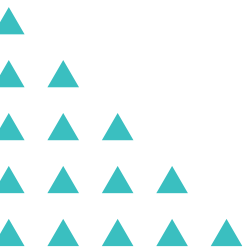
I shall always be with you for the growth of Club & betterment for society .

Honoured & humbled and would take this opportunity to thanks my laker family who were part of my journey in their spirits & participated in many event. Lakers rock .. you are amazing.

By nature I'm passionate and bold person, who always keeps running & learning new things in life .You stop doing useful things if you don't learn or don't try . So the last part to me is the key, especially if you have experienced a little success & so It becomes even more critical that you have the learning 'bit' always switched on.

Shukriya Dil se

Always Yours in Lakers  
Nimish Agarwal (Nilu)  
President  
Dream year 2021-22  
Rotary club of Mumbai Lakers



# MAJOR HIGHLIGHT – Brookfield Properties Powai Run

We all know that running is good for you, both physically and mentally, and that marathons, fun runs, and everything in between, raise substantial amounts of money for amazing causes worldwide. Brookfield Properties Powai Run (Monsoon Edition), organized by Rotary Club of Mumbai Lakers is one run that combines all the above elements. It is the flagship fundraiser project for Rotary Club of Mumbai Lakers. It raises awareness, brings people together and inspires thousands across the city of Mumbai to slip into their running shoes, often for the first time, all whilst doing good things for others. This year we had a physical run for 4km - Biggest Run in 2022 in the city of Mumbai!! 10km and 21 km runs were conducted in a Virtual avatar where anyone, anywhere in the world could participate.

The Run has a new theme every year and this year was #BreakThePlasticHabit. The theme is something in which our Title Sponsors, Brookfield Properties, believe very strongly in and have joined hands with RCML in helping Powai break this habit. The team worked on hiring RECIRCLE, an agency that ensured that the event was a ZERO WASTE EVENT and the first of its kind in Powai. It was heartening to see the reports shared by Recircle for our ZERO WASTE RUN.

The Impact: Dry waste- 205 kg; Wet Waste - 65 kg; A Total of 270 Kg of waste was diverted away from festering in the landfills. Dry Waste (Further division): Mixture plastic: 109 Kg; Cardboard: 28 Kg;



# MAJOR HIGHLIGHT – Brookfield Properties Powai Run



PET bottles: 26Kg; Soft Plastic: 5Kg; Paper: 37Kg. This was possible as the entire team responsible for the Powai Run and Carnival showed sensitivity towards the environment & took accountability for the trash generated at the event. Also, the fact that the people of Powai were already Eco-conscious made the task easy for the team to segregate.

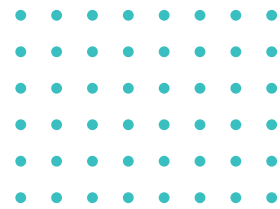
The Innovation Run was introduced for the first time at the Powai Run. It was an initiative of RCML, Brookfield Properties and IIT E-cell wherein CXOs from across Mumbai took part in a 4km walk / run along with IIT students. It was a novel way of bringing the leaders of today with the leaders of tomorrow under one roof.

When we raise money for charity, people like to know where the money raised for charity goes, and the real effect and legacy that money has. Powai Run connects people directly to the causes they are fundraising for and helps you see first-hand the impact your involvement has. And then there's that element of challenge, getting people to do something that they previously

thought impossible. When you Run at Powai Run, you can be sure that 100% of the nett funds raised is going for charities supporting causes like Little Heart surgeries, Cancer detection and treatment, girl child education, and various other projects such as making potable water accessible, supporting health and hygiene especially of women and children in rural areas, giving counselling to oppressed women in the community, conducting medical



# MAJOR HIGHLIGHT – Brookfield Properties Powai Run



camps, planting trees to make the planet greener and many more. All these projects are updated on our social media handles, website and periodically circulated in the community newspaper Planet Powai.

The greatest difference we make is not the fundraising or the work we do for months in preparation of Powai Run. It's the lasting impact it has on the communities. It is the long-term memories you create, especially at the post run Carnival held on the Main Street. People of all ages from 3 to 80 come and participate in this Gala event celebrating with food, Music, dancing, games and general Bonhomie prevails. All these goings-on are part of what makes Powai a great place to live. Besides being fun, RCML's well-managed carnival offers economic and social benefits to new businesses within the community. It instilled a sense of community pride.

There's also the energy and affirmation that comes from it. One lady who never used to be a runner, but now takes her kids running every weekend and gets her kids involved in charitable giving as a family. She's now, as a mum, influencing her children to think about the world differently, and that's why we do what we do.

The best thing about being involved with Powai Run is the opportunity to help build a community, foster a sense of pride within a community,



# MAJOR HIGHLIGHT –

## Brookfield Properties Powai Run

and engage as a community for the upliftment of the underprivileged. RCML also involved its Youth Clubs - Interact Club of Mumbai Lakers, Rotaract Club of Sinhgad College, Rotaract Club of Chandrabhan Sharma College in the Registration process and Bib distribution.

We would like to thank all our sponsors / partners and participants of the run for making this event such a resounding success. Thank you, Brookfield Properties, for believing in us and becoming our Title Sponsors, Hafele India for magnanimously donating to our Little Hearts Project, DNA 360 for being our fitness partners, Truefitt & Hill for being our Grooming Partners, Kotak Bank for being our Banking partners, Hiranandani Hospital for being our medical partners, Gioseppo being a donor, ActHive for being our Corporate Registration Partner and Powai Live for being our Web Channel Partner. In the end all we can say is - The experience of running for a cause bigger than yourselves makes you realize that when it comes to the Lakers, all you need to do is RUN MILES, TO SPREAD SMILES.



Pls visit our website/social media to know more about and support any of the projects of RCML

Website : [www.rotary-lakers.org](http://www.rotary-lakers.org)

Facebook : <https://www.facebook.com/rc.mumbailakers.7/>

Instagram : @rotarymumbailakers and @powairunofficial

# BIKE AMBULANCES-

## RCML Enables Healthcare in Remote Areas



Healthcare in India faces a huge challenge, especially in the rural areas where critical patients find it difficult to reach the hospitals due to the unavailability of ambulances. The hospitals are few and far between, while the topography of the region also presents a huge challenge not only for the distribution of health services but for families to avail of transport services. Donating an ambulance to a struggling healthcare system is a tremendous help. With RCML's support, now modified four-stroke motorcycles, which work as a 'Motor-Bike Ambulance', are proving to be a boon for the people of the region, bridging the last mile to health care. The motorcycle ambulances ferry patients, pregnant women and infants, from remote areas to the nearest primary and Community Health Centers (CHCs) and have emerged as a lifesaver for the people of the region.

These ambulances are fitted with a side-carriage for the comfort of the patient and are equipped with medicines and a functional first-aid kit to meet emergency needs. The ambulances are operated by skilled drivers, adept at providing first-aid. The free service assumes significance for a country like India where the maternal mortality rate (MMR) is 122 per 100,000 live births, many of whom can't get to the hospital in time.

Rotary Club of Mumbai Lakers delivered 2 Bike Ambulances to Palghar on 22nd May, thanks to the support of the residents of Powai. This helped 50,000 people gain access to healthcare — people who previously did not have access to hospitals due to the remoteness of the village — and assisted in saving lives and delivering essential medicines.

## Palghar



# BIKE AMBULANCES-

## RCML Enables Healthcare in Remote Areas

RCML also supported the delivery of 2 Ambulances worth 1.15 L in total to the Kashmir border area. The ambulances were transported to Kashmir on 23rd June. Kupwara area is a known terrorist-infested area due to its unique topography and dense forests. Many terrorist attacks happen in this area. The army has taken multiple actions to eliminate and stop terrorism and build goodwill. It has started providing medical help to Locals, setting up Army Public Schools for local children and bringing them into the mainstream of the Nation and keeping them away from terrorists. This is working very well and the local population has started backing out forces and the country.

To further strengthen the goodwill, the army has come up with an Immediate Project to provide Locals with MotorCycle ambulances for bringing Villagers and particularly Ladies and children to Army Medical Centres to provide First line Medical Aid and then transfer them to a Proper Hospital in Kupwara or Srinagar. Army CO 56 RR had requested us to immediately provide 02 Motors Cycle Ambulance for helping the Villagers on Borders which is a Big Step towards bringing Villagers closer to the Army and our Nation and keeping them away from any temptation of helping Terrorists. These ambulances were needed as the terrain is not accessible by four-wheelers.

RCML responded immediately by providing 02 Motor Cycle Ambulances to Villagers of Machal Village through Army 56 RR. CO of 56 RR has promised to maintain and operate 02 Motor Cycles Ambulances for Villagers. The support received in the form of ambulances delivered there was hugely appreciated. We did this project in association with the Rotary Club of Bombay Powai. Thank you for partnering in this wonderful cause.

## Kupwara, Kashmir



# MEDICAL PROJECTS



## Medical Camp and CPR trainings

Rotary club of Mumbai Lakers Single-mindedly devoted themselves to conducting Medical Camps and CPR training in societies across Hiranandani and in and around Powai. RCML is conducting these camps in association with Dr. L H Hiranandani Hospital. CEO of Dr LH Hiranandani Hospital, Dr. Chatterjee, approached RCML as he wanted everyone in the community to have a Basic CPR training, in the post pandemic world. The CPR training is Coupled with a Medical camp again conducted by the Doctors of Hiranandani Hospital.

At the camps conducted in the various housing societies building staff, maids, drivers as well as the residents in large number are examined for BP, Bone density, HGL sugar and free doctor consultation is provided. CPR trainings are conducted by Dr Samrat, who heads the Emergency of Dr LH Hiranandani Hospital and Mr Kazi helps with hands on training of CPR for the resident. Special Thanks to Mr. Deepak of Hiranandani hospital, who has been coordinating these camps and has been instrumental for the success of this initiative of RCML. Efforts of President Nimish Agarwal, along with Lakers Shaili Shah and Chetna Lall have taken this campaign to the levels of success it has reached today, with more and more societies coming forward and approaching the team for conducting this camp in their buildings.

The average number of beneficiaries in each medical camps was 100.



## Medical Camp at Eden 4 10th April



# MEDICAL PROJECTS

## Medical Camp and CPR trainings

### Medical Camp and CPR Training at Glen Group of Buildings 17th April

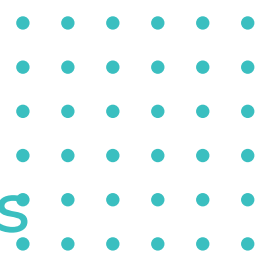


### CPR and Medical Camp at Nahar Group of Buildings, 1st May ✚



# MEDICAL PROJECTS

Medical Camp and CPR trainings



## Two Medical Camps at Valencia and Eternia, 22nd May



## 20th Medical camp at Raheja Vihar 12th June



# MEDICAL PROJECTS

## Medical Camp and CPR trainings

### Medical Camp and CPR Training at Raheja Vihar, 12th June 2022



### Medical Camp and CPR Training at Raj Grandeur, 19th June



# BLOOD DONATION

RCML organised a blood donation camp on 24th April at Dr LH Hiranandani Hospital. We collected 70 units of blood.



# HEARING AID DONATION

On 8th June Chandra ji & Shrrarat Bhargava, residents of Torino, donated hearing aid to little Smridhhi Singh at Sarvodaya hospital, Ghatkopar by Shravani foundation through Rotary Club of Mumbai Lakers . RCML is grateful to all community members in and around Hiranandani who have come forward and donated to our causes.



Heer Kunwar Chauhan received his hearing aid, courtesy Laker Sunil Gambani. Thank you, Sunil, for this generous gesture. Your help positively impacted the life of a hearing-impaired child permanently.

# SUPPORT FOR THALASSEMIA KIDS



RCML supported 20 Thalassemia Kids' Transfusion through Think Foundation. The cost of the project is 2.4 Lakh. India has largest number of kids with Thalassemia Major. 10,000-15,000 children having this blood disorder born every year in the country. The only cure available for such children is bone marrow transplantation (BMT). However, BMT is difficult and not affordable by the parents of all these children. Therefore, the mainstay of treatment is repeated blood transfusions, followed by regular iron chelation therapy to remove the excessive iron overload, consequent to the multiple blood transfusions.



# NON MEDICAL PROJECTS

## Launch of Learning App

RCML launched Ideal Learning App in BMC School on 29th April. It supported 500 kids in 10th std by helping them study. The App also has an option to help the kids with their career counselling. The project was done in association with Rotary district 3141. Thank you for your cooperation.



# NON MEDICAL PROJECTS

## Pink Auto Project

On 12th May, Rotary's Pink Auto Project, supported by RC Mumbai Lakers was flagged off. Ms Shamshunisa Sheik, Ms Chandrakala Nag Tilak and Ms Deepali Dhanerav are the three ladies who Lakers have supported. They completed their skill training for permanent livelihood and have received the driving license. Rotary branding and our Club's name will be featured at the back of the autos supported by Lakers. SBI is giving them loan to purchase an autorickshaw. It's an Excellent project & really heartening to see women employed in male dominated profession. It's a happy occasion that our club could support 3 women on their path of self-reliance.



# NON MEDICAL PROJECTS

## Dream Raytale Village, Palghar



It is a Planned Integrated village development in a cluster in Jawahar Taluka, Palghar. It includes Water, Better Homes, Solar, Education, Sewerage, Fruit Tree Plantation, Water wheel etc. In the Dream year, Rotary district 3141 is supporting Construction work of 19 homes at Raytale village, Palghar. The work is in progress. The homes are being constructed for rural poor, homeless, kuchcha house dwellers. Under this scheme, a 25sq m pukka house is being constructed. RCML is supporting construction of one house @ ₹70k.



# NON MEDICAL PROJECTS

## Supporting MBA Foundation

The MBA Foundation is a self-help organisation, aiming at providing a Life with Self-Esteem and Dignity to differently-abled individuals. They spread awareness of the abilities, strengths and rights of the special needs population.

A differently-abled person does not need our sympathy. Every time we work with a differently-abled person, somewhere, subconsciously many people feel that they are helping them, which in turn makes them feel undesirable. They do not need constant reminders of their limitations, instead they need to be empowered. Sometimes we tend to hand them everything on a platter, out of love, which too increases their feeling of helplessness, relegating them to the role of a receiver. Instead, when we empower them to earn their own livelihood, it gives them not just self-respect but a lot of happiness. Continuing our association with the MBA Foundation, the Rotary Club of Mumbai Lakers supported them financially for their rent and therapist salary to the amount of ₹ 3,00,000 in Dream Year.



PHYSIO THERAPY



SPEECH THERAPY



SPEECH, OCCUPATIONAL,  
PHYSIO AND PSYCHO  
THERAPIES ARE THE  
BACKBONES OF A REHAB  
PROGRAM



# NON MEDICAL PROJECTS

## Water Wheel distribution



RCML is supporting the water wheel project at villages of Palghar. Come and participate in fun games at Powai Run Carnival and help raise funds for 100 water wheels.



# NON MEDICAL PROJECTS

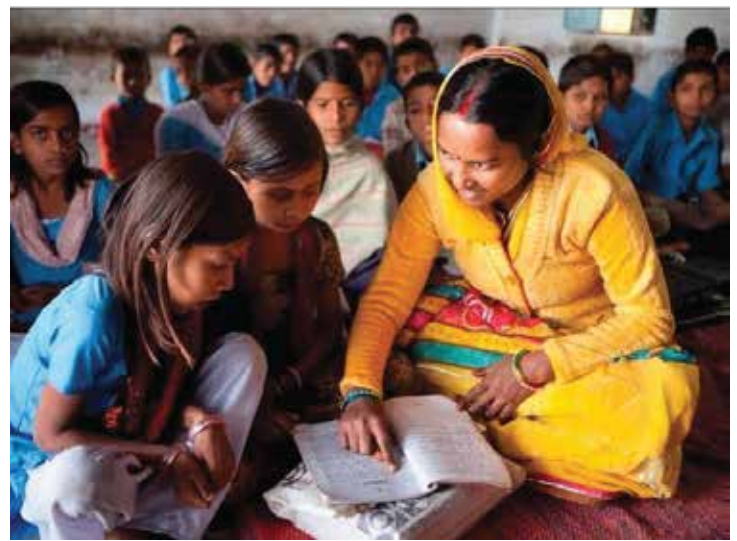
## Girl Child Education



A girl child in India is often seen as a liability, a burden to pass on. No matter how talented and ambitious she is, the girl child often receives the shorter end of the stick. These attitudes have massive repercussions in terms of the number of girls who are left out when we consider India's huge population. How can we expect India to turn into the international superpower it has the potential to become when half of our society remains under the shadow of discrimination?

People often underestimate the requirement of funds to achieve this goal. In rural areas, still, girls are seldom sent to school, and even if they are sent to school, they only go up to the primary level and then are pulled out for domestic help. As per the last census, effective literacy rates in India was 82.14% for males and 65.4% for females. We at Rotary Club of Mumbai Lakers (RCML) have been working to bridge this gap.

We all know that when a girl is educated the whole family is educated. RCML has been sponsoring the education of the girl child from underprivileged sections of the society directly by paying the tuition fees of the girls who are unable to do so, as well as working with various NGO partners such as the Kartavya Foundation, . Every single bit of contribution counts. Every year for the last ten years, RCML has earmarked an amount of Rs 4.5 Lakhs towards monetarily helping the marginalized groups of girls such as the very poor and disabled afford education.



# VOCATIONAL PROJECTS

## Train the Trainer by Stree Mukti Sangathan (SMS)

On 21.04.2022, Vasti Counselling Workshop was organized by Stree Mukti Sanghatana, Family Counselling and Counselling Center, Powai Kendra. The first session was held today. The woman's identity and form were filled in the session. A total of 19 women attended the event. The purpose behind conducting a settlement counselling workshop for women was discussed above.



# VOCATIONAL PROJECTS

## Community Counselling Workshop



Community Counseling Workshop was organized on 29/06/2022 by the Family Counseling and Counseling Center, Powai under the Women's Liberation Organization. This was the third session of the period 2022-23. Darshana Joshi informed the women present about what violence is. A total of 7 women were present for this event. Also members of Rotary Club Mumbai Lakers were present in the workshop. This session was held from 2 pm to 5:30 pm. Laker Harpreet Arora and Reshma Sathaye initiated the talk.



# YOUTH PROJECTS

## Registration for Powai Run

Interact Club of Mumbai Lakers, Rotaract Club Singhad College of Commerce and Rotaract Club of Chandrabhan Sharma College helped with the Registration process, and bib/goodie bag distribution for Powai Run.



# DISTRICT EVENT, REWARDS AND RECOGNITION

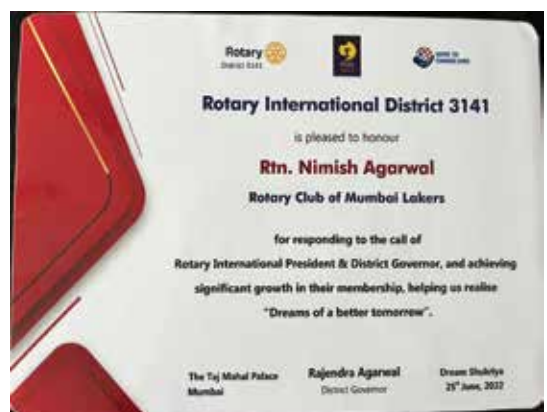


Shukriya Award Night was held on Saturday 25th June, 2022 at Crystal Room at The Taj Mahal Palace Colaba. Rotary Club of Mumbai Lakers won the Honour of Gold Club in the district under the able leadership of President Nimish Agarwal. The award was given by DG Rajendra Agarwal. RCML did 127 projects across various avenues and the total value 1.15 crores. RCML also won the award for Membership as they achieved membership growth goal of 14 new members taking the total membership to 72- Avenue headed by Laker Ravi Jaswani. The ceremony was attended by President Nimish and Laker Pankaj Agarwal. Congratulations President Nimish and Dream BOD!



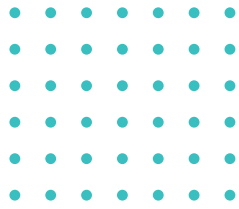
# RCML BAGS THE PLATINUM CLUB AWARD

Shukriya Award Night was held on Saturday 25th June, 2022 at Crystal Room at The Taj Mahal Palace Colaba. Rotary Club of Mumbai Lakers won the Honour of Platinum Club in the District under the able leadership of President Nimish Agarwal. The award was given by DG Rajendra Agarwal. RCML did 150 projects across various avenues and the total value to the community is 3.37 crores. RCML also won the award for Membership as they achieved membership growth goal of 14 new members taking the total membership to 72- Avenue headed by Laker Ravi Jaswani. The ceremony was attended by President Nimish and Laker Pankaj Agarwal. Rotary Club of Mumbai Lakers has the unique distinction of being a Platinum Club. Congratulations President Nimish and her team for bringing this laurel to the Club.



# ONGOING PROJECTS

## Little Heart Surgery



Touching Little Hearts-RCML starts 2022 with heart surgeries of these kids making their New Year special. As the year 2021 draws towards end, we at Rotary Club of Mumbai Lakers are proud of our achievements as we have independently supported 41 Little Heart Surgeries since July 2021 to June 2022. We aim to provide early diagnosis, treatment, surgery, post-operative care and financial support to children from economically weak sections of society. Our goal is that every child irrespective of background, is provided cutting edge treatment and operative care.

This project is spearheaded by Natasha Sejpal.



List of Patients till 23rd Feb summarised below

# ONGOING PROJECTS

## Plastic free Powai

Plastic free Powai is another campaign of RCML which has been going on for 2 years now and it has grown from strength to strength with more and more housing societies joining the drive every month. Inspired by the success of this project, The Brooklyn Properties Powai Run had #BreakThePlasticHabit as this year's theme. The theme is something in which our Title Sponsors, Brookfield Properties believes very strongly and has joined hands with RCML in helping Powai break this habit. We are very proud to share with you the exhaustive list of buildings who are a part of this drive today. Rtn Mamata Asthana and Rtn Milind Rane have been pivotal for successfully running this project for so long. Lakers and the community of Powai salutes them for their continuous involvement and close monitoring of this project.



Building	Location	Building	Location	Building	Location
Raj Grandeur	Powai	Birchwood	Powai	Lake Castle	Powai
Eldora	Powai	Somerset	Powai	Richmond	Powai
Sovereign	Powai	Golden Oak	Powai	Eden 3	Powai
Valencia	Powai	Adonia	Powai	Eden Bungalows	Powai
Odyssey 2	Powai	Torino	Powai	Cosmopolitan	Powai
Odyssey1	Powai	Avalon	Powai	Jal Tarang	Powai
Priya	Powai	Verona	Powai	Powai Lake View	Powai
Solitaire	Powai	Glen Gate	Powai	Powai Lake Heights	Powai
Florentine	Powai	Glen Heights	Powai	Kalpataru Aura	Ghatkopar
Eternia	Powai	Glen Classic	Powai	Godrej Platinum	Vikhroli
Brentwood	Powai	Glen Croft	Powai		
		Heritage	Powai		

# ONGOING PROJECTS

## Mr. Bakshi's Sunday Classes

The English-speaking classes held at RCML's vocational centre for the 5th consecutive year, continues to inspire the children from the less privileged background. Though the classes are primarily to promote learning of English, Mr. Bakshi covers an extensive range of topics. Sharing a sample of topics covered in his class.

1. Electrical Safety Fuse.
2. Flow of Electricity.
3. Arts & Hobbies.
4. Balance between Studies & Hobbies.
5. 75% time & energy on Studies. 25% on hobbies.



# ONGOING PROJECTS

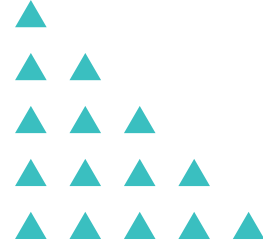
## Davaa to Dua project

It is campaign to reach out to people who had excess medicines left over from the treatment of their kins and provide the same to those who can't afford them or have access to them. Lakers team appointed a representative in each society. People could reach out easily from the safety of their own homes and contribute the much-needed medicines and medical supplies and this was a wonderful way to ensure that not a single dose of these medicines go to waste. The medicine collected is picked up by team of Dr. Marcus of MedsAndMore and is distributed in the rural areas of Maharashtra.



# CLUB ACTIVITIES

## Cricket Match



On 5th May, Laker Boys won their cricket match.



3 Qwickies

Well done Pankaj Agarwal!!

That was quick! 3 wickets in a limited over match.



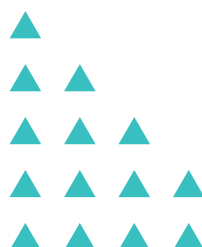
# CLUB ACTIVITIES

## Mango Dolly Noon



Mango Dolly Noon (MDN) fundraiser raised Rs 2,05,200 funds for our charity protects.A Successful & fun event, MDN managed to raise a lot of fund . Kudos to the MDN team well led By Laker Rapinder Arora (Tinku) & Laker Vibha Ruia , Jyoti Sainani , Nimish Agarwal and Pankaj Agarwal.

Many thanks to all, especially Tinku, who pulled off a magical event.



# CLUB ACTIVITIES

## Shukriya Party of Dream President

Shukriya is the last event hosted by the outgoing President Nimish Agarwal. Lakers bade a warm farewell to outgoing Dream President Nimish Agarwal in an emotionally charged Shukriya party held on 01.07. 2022, the theme of the party was Red. Lakers reminisced about all the great moments they shared with outgoing president Nimish and she shared her projects, her achievements, her trials, her triumphs, her learnings and her appreciation for the Lakers as a team. A Heart touching evening which captured the triumphant spirit of Lakers.



# PRESS RELEASES

## Brookfield Properties POWAI RUN - Run Miles & Spread Smiles

We all know that running is good for you, both physically and mentally, but that it's also a great way to connect with others. Brookfield Properties POWAI RUN is a community event that brings people together to run for a good cause. The event is held annually in the heart of the city, and it's a great opportunity for people to get some exercise and see the sights of the city.

The 10th Annual Brookfield Properties POWAI RUN was held on Sunday, 10th June 2023. The event was a great success, with over 1000 participants taking part. The run was held in the heart of the city, and it was a great opportunity for people to get some exercise and see the sights of the city.

The 10th Annual Brookfield Properties POWAI RUN was held on Sunday, 10th June 2023. The event was a great success, with over 1000 participants taking part. The run was held in the heart of the city, and it was a great opportunity for people to get some exercise and see the sights of the city.

well-groomed at the end. Also, the fact that the people of Powai were already fit and healthy made the job that day for the team to complete.

The 10th Annual Brookfield Properties POWAI RUN was held on Sunday, 10th June 2023. The event was a great success, with over 1000 participants taking part. The run was held in the heart of the city, and it was a great opportunity for people to get some exercise and see the sights of the city.

The 10th Annual Brookfield Properties POWAI RUN was held on Sunday, 10th June 2023. The event was a great success, with over 1000 participants taking part. The run was held in the heart of the city, and it was a great opportunity for people to get some exercise and see the sights of the city.

The 10th Annual Brookfield Properties POWAI RUN was held on Sunday, 10th June 2023. The event was a great success, with over 1000 participants taking part. The run was held in the heart of the city, and it was a great opportunity for people to get some exercise and see the sights of the city.

effect and impact that Brookfield Properties has on the community. The event was a great success, with over 1000 participants taking part. The run was held in the heart of the city, and it was a great opportunity for people to get some exercise and see the sights of the city.

The 10th Annual Brookfield Properties POWAI RUN was held on Sunday, 10th June 2023. The event was a great success, with over 1000 participants taking part. The run was held in the heart of the city, and it was a great opportunity for people to get some exercise and see the sights of the city.

The 10th Annual Brookfield Properties POWAI RUN was held on Sunday, 10th June 2023. The event was a great success, with over 1000 participants taking part. The run was held in the heart of the city, and it was a great opportunity for people to get some exercise and see the sights of the city.

The 10th Annual Brookfield Properties POWAI RUN was held on Sunday, 10th June 2023. The event was a great success, with over 1000 participants taking part. The run was held in the heart of the city, and it was a great opportunity for people to get some exercise and see the sights of the city.

The 10th Annual Brookfield Properties POWAI RUN was held on Sunday, 10th June 2023. The event was a great success, with over 1000 participants taking part. The run was held in the heart of the city, and it was a great opportunity for people to get some exercise and see the sights of the city.

The 10th Annual Brookfield Properties POWAI RUN was held on Sunday, 10th June 2023. The event was a great success, with over 1000 participants taking part. The run was held in the heart of the city, and it was a great opportunity for people to get some exercise and see the sights of the city.

The 10th Annual Brookfield Properties POWAI RUN was held on Sunday, 10th June 2023. The event was a great success, with over 1000 participants taking part. The run was held in the heart of the city, and it was a great opportunity for people to get some exercise and see the sights of the city.

The 10th Annual Brookfield Properties POWAI RUN was held on Sunday, 10th June 2023. The event was a great success, with over 1000 participants taking part. The run was held in the heart of the city, and it was a great opportunity for people to get some exercise and see the sights of the city.



## ब्रुकफील्ड प्रॉपर्टीज ने #BreakThePlasticHabit के समर्थन में रोटरी क्लब ऑफ मुंबई लेकर्स के सहयोग से पवई में आयोजित किया पहला जीरो वेस्ट रन

मुंबई। ब्रुकफील्ड प्रॉपर्टीज ने रोटरी क्लब ऑफ मुंबई लेकर्स के सहयोग से पवई में आयोजित किया पहला जीरो वेस्ट रन। इस साल की थीम #BreakThePlasticHabit के समर्थन में और शुभ्य कचरा प्रशासन में स्वच्छता और कचरा को बढ़ावा देने के प्रमुख उद्देश्य से यह 4 किमी की पैदावन टाईगी गवर्न। ब्रुकफील्ड प्रॉपर्टीज के भारत के कॉर्पोरेटिव में से प्रमुख ऑफिस सेस एसेट्स का एक कन्सल्टर पवई बिजनेस डिस्ट्रिक्ट में 26 जून 2022 को भी अंकुश गुप्त, प्रबंध कर्मीय और रिवाल एस्टेट भारत

और मध्य पूर्व के प्रमुख, कर्टी हेड - भारत, ब्रुकफील्ड एसेट मैनेजमेंट ने सोएक्सओ रन को हरी झंडी दिखाई और सामुदायिक संचालन को भी विदुल सूर्यवंशी, जॉन उपाध्यक्ष और क्षेत्रीय प्रमुख-पश्चिम, ब्रुकफील्ड प्रॉपर्टीज द्वारा हरी झंडी दिखाकर रवाना किया गया। 2000 से ज्यादा लोगों ने इस पहल में हिस्सा लिया और 150 से ज्यादा सोएक्सओ #BreakThePlasticHabit के समर्थन में इलमें लोई। रीसर्कल (ReCircle) यह संसाधनों को पुन:प्रतिष्ठ क्षेत्र में कार्यरत उद्यम इस पहल का रीसर्कलिंग प्लेटफॉर्म है। संसाधनों

को नष्ट होने से रोककर और रीसाइकल, पुन:उपयोग और पुन निर्माण के जॉइंट संसाधनों को पुन:प्राल करके सिद्ध ध्वन्य के निर्माण में रीसर्कल (ReCircle) जुटा हुआ है। इस शुभ्य कचरा रन से जुटाया जाने वाला पुरा फंड रोटरी क्लब द्वारा जिवकी सहायता को जा रही है ऐसे कई वैरिटेबल और सामाजिक कार्य में इस्तेमाल किया जाएगा। ब्रुकफील्ड प्रॉपर्टीज ने टाईगी का अनेखा अनुभव रद इन्वोल्वेशन रनर बनाने के लिए पवई में सबसे पुराने संस्करण आईआईटी मुंबई के साथ सहयोग किया है। इसमें सोएक्सओ ने आईआईटी मुंबई के



अगरवाल ने कहा, ब्रुकफील्ड प्रॉपर्टीज में हम मानते हैं कि हमारी क्षमता और कल की विविधता के रखने के लिए इस दुनिया को एक बेहतर जगह बनाने के प्रयासों को शुरूआत अपने आप से को जारी रखिए। पवई रन के लिए रोटरी क्लब ऑफ मुंबई लेकर्स और आईआईटी मुंबई के ई-सेल के साथ सहयोग करने और इस जगहक, सक्रीय समुदाय में शामिल होकर हमें बहुत खुशी हो रही है। पवई को प्लास्टिक-मुक्त बनाने के उद्देश्य से उठाया गया पहला कदम #BreakThePlasticHabit के साथ शुभ्य कचरा रन का आयोजन किया गया था।



# PRESS RELEASES

રવિવારે 'મુંબઈ ફર્સ્ટ, ઝીરો વેસ્ટ' થીમ પર 'પવર્થ રન'ની 11મી આવૃત્તિનું આયોજન



રવિવારે આયોજિત 'પવર્થ રન'ની 11મી આવૃત્તિની થીમ 'મુંબઈ ફર્સ્ટ, ઝીરો વેસ્ટ' રાજવામાં આવી હતી. ૫ રોટરી ક્લબ ઓફ મુંબઈ લેક્ઝરી સહયોગથી જુકીલી પ્રોપર્ટીઝ દ્વારા આ દોડ આયોજિત કરાઈ હતી. જુકીલી એસેટ મેનેજમેન્ટના અંકુર ગુપ્તા એ જણાવ્યું કે, ચાર કિમીની આ મેરેથોનનો મુખ્ય લેટુ 'શુન્ય કચરો, પર્યાવરણ અને બ્રેક ધ પ્લાસ્ટિક હેબિટ' ને પ્રોત્સાહન આપવાનો હતો. સીઈઓ અને એમડી આલોક અગ્રવાલે જણાવ્યું કે, આ મેરેથોનમાં 150 સીએક્સઓ સહિત 2000થી વધુ લોકોએ ભાગ લીધો હતો.

cadaver organ donor in the city. The family's decision to donate his organs has saved the life of a liver failure patient and showed that age is not a barrier to becoming a donor.

An octogenarian was admitted to Dr LH Hiranandani Hospital, Powai on

Dr Hiranandani Hospital speaking to PT said, "It is a great service to society that the family has done, by organ donation. There has to be social awareness created for such a noble act. You may have crossed the great divide but you can certainly help another before you leap across."

The Zonal Transplant Coordination

Email us at: [adiconsultancy@gmail.com](mailto:adiconsultancy@gmail.com)

Email: [shyam.shrivastava@gmail.com](mailto:shyam.shrivastava@gmail.com)

BROKERS WELCOME

Committee informing media said, "This was the city's 13th Cadaver Donation this year. The 85-year-old's liver from Hiranandani Hospital was allotted to a

liver-failure patient at HN Reliance Hospital." His kidneys and heart were however, were not fit for transplant.

## RCML: Serving Those Who Serve the Nation

Shraboni Thapa



There's a section of our society that spends their lives serving the rest of us. From the crack commandoes of National Security Guards (NSG) stationed in Mumbai, to the beat constables who patrol our streets by night, these men and women really put their life in line for us so that we can sleep soundly at night. Now, it's time to give back. We, at RCML thought, why not serve them?

In June when 'Dream Year' began under the presidentship of Rtn Nimish Agarwal, Rotary Club of Mumbai Lakers pledged to serve these men and women who serve us so selflessly. The year began with Rotary Club of Mumbai Lakers is working closely with NSG providing them support by conducting bi-weekly yoga workshops, Nutrition consulting and talks about women's health issues for nightly.

These talks were requested by NSG and we are very thankful to Dr Anita Soni, renowned Gynecologist from Dr LH Hiranandani hospital for

volunteering for the women's health talk; Shammi's Yogalaya for Yoga & meditation consulting; Nutritionist Pooja for talks on how to maximize your nutrition needs from everyday commonly available resources. We really appreciate them for coming forward and making this project with NSG long term success. It's an honour for us to be able to of any assistance to NSG Jawans. As the year progressed, more talks were arranged by RCML for NSG.

On March 7th a Mega medical camp was organised by RCML along with Dr. LH Hiranandani Hospital and eye tests and Cataract examination was conducted in partnership with RC Mumbai Ghatkopar. 300 commandos and their family members got tested. The tests included Blood pressure, Blood Sugar, CBC, bone density, eye testing and free cataract surgeries to be done later detected. Also, two talks were organised by leading Doctors of Dr LH Hiranandani Hospital. The first talk was by orthopedic and sports

medicine Doctors on injury management. The second talk was on gynecological issues faced by the wives and ladies. The effort was much appreciated and very well received.

RCML also works very closely with Powai Police. Rotary Club of Mumbai Lakers renovated a hall at Powai Police Station. It is the very least we can do to thank the police for all the effort they put. Deepak Daryanani of RCML took the lead and put it together. The total cost of this was Rs. 3.5 lakhs. The project was completed in a fantastic timeline of 1 month and 10 days requiring a lot of effort and Coordination from Deepak. DG Rajendra Agarwal & DCP Dr Shetty inaugurated the Hall.

On March 9th a Mega Medical Camp similar to the one above was conducted for Powai police a well. The tests conducted were Blood pressure, random sugar, bone density, CBC, ECG, eye checkup and free cataract surgery if detected.

Continued on pg 6...

To Place Advt & To Send News, To Contribute Articles, Editorial 9820001918. EMAIL: [planetpowai@gmail.com](mailto:planetpowai@gmail.com), <http://voiceofpowai.blogspot.in/>

BE A REPORTER - Living in Powai and you find something that pricks your conscience that concerns all. Bring the matter to us Call 98200 01918



## पवई प्लास्टिक मुक्तच्या मॅरेथॉन मध्ये धावले हजारो नागरिक

मुंबई, दि. २६ (प्रतिनिधी) : ब्रुकफील्ड प्रॉपर्टीजने आयोजित केलेल्या प्लास्टिक मुक्त पवईच्या संकल्पनेत आज पवईतील हजारो नागरिकांनी मॅरेथॉन मध्ये सहभाग घेतला. राज्यात एकीकडे राजकीय वातावरण ढबळून निघाले असताना उपनगरातील पवई येथे नागरिकांचा मॅरेथॉन मधील सहभाग उम्फुर्त ठरला. ब्रुकफील्ड प्रॉपर्टीजने द रोटरी क्लब ऑफ मुंबई लेकर्सच्या सहयोगाने ११ व्या झिरो वेस्ट रनचे आयोजन केले होते. यंदा ब्रेक द प्लास्टिक

हेबिटला चाटिका दर्शकपिण्यासाठी ससेच शून्य कचरा वातावरणात आरोग्य आणि तंदुरुस्तीला प्रोत्साहन देण्याच्या उद्देशाने पवई येथे ४ किमी अंतराची मॅरेथॉन घेण्यात आली. सकाळी ७ वाजता ही मॅरेथॉन सुरू करण्यात आली. यात सुमारे २००० अधिक नागरिकांनी उत्स्फूर्त सहभाग घेतला. यावेळी ब्रुकफील्ड प्रॉपर्टीजचे मुख्य कार्यकारी अधिकारी आलोक अगरवाल, रोटरी क्लब ऑफ मुंबई लेकर्स टीमचे दिपक एच दर्पानाई, अंकुर गुप्ता, बिट्टल सूर्यवंशी उपस्थित होते.



## ‘ब्रेक दि प्लास्टिक हैबिट’ के समर्थन में मैराथन दौड़

मुंबई (प्रतिनिधि), ब्रुकफील्ड प्रॉपर्टीज ने द रोटरी क्लब ऑफ मुंबई लेकर्स के सहयोग से ग्यारहवें पवई रन में मुंबई के पहले जीरो वेस्ट रन का आयोजन किया था। इस साल की थीम ‘ब्रेक दि प्लास्टिक हैबिट’ के समर्थन में और शून्य कचरा वातावरण में स्वास्थ्य और कल्याण को बढ़ावा देने के प्रमुख उद्देश्य से यह 4 किमी की मैराथन दौड़ी गयी। ब्रुकफील्ड प्रॉपर्टीज के भारत के पोर्टफोलियो

प्रमुख ऑफिस स्पेस एसेट्स का एक क्लस्टर पवई बिजनेस डिस्ट्रिक्ट में 26 जून 2022 को अंकुर गुप्ता, प्रबंध भागीदार और रियल एस्टेट भारत और मध्य पूर्व के प्रमुख, कंट्री हेड भारत, ब्रुकफील्ड एसेट मैनेजमेंट ने सीएक्सओ रन को हरी झंडी दिखाई। 2000 से ज्यादा लोगों ने इस पहल में हिस्सा लिया और 150 से ज्यादा सीएक्सओ ‘ब्रेक दि प्लास्टिक हैबिट’ के समर्थन में दौड़े।

# PRESS RELEASES



## ब्रूकफील्ड प्रॉपर्टीज ने रोटररी क्लब ऑफ मुंबई लेकर्स के सहयोग से पर्वट में आयोजित किया पहला जीरो वेस्ट रन



**हिन्दु सागर, मुंबई,**

ब्रूकफील्ड प्रॉपर्टीज ने द रोटररी क्लब ऑफ मुंबई लेकर्स के सहयोग से ग्यारहवें पर्वट रन में मुंबई के पहले जीरो वेस्ट रन का आयोजन किया था। इस साल की थीम #Break The Plastic Habit के समर्थन में और शुच्य कचरा वातावरण में स्वास्थ्य और कल्याण को बढ़ावा देने के प्रमुख उद्देश्य से यह 4 किमी की मैराथन दौड़ी गयी। ब्रूकफील्ड प्रॉपर्टीज के भारत के पोर्टफोलियो में से प्रमुख ऑफिस स्पेस एस्टेट्स का एक क्लस्टर पर्वट डिज़नेस डिस्ट्रिक्ट में 26 जून 2022 को अंकुर गुप्ता, प्रबंध भागीदार और रियल एस्टेट भारत और मध्य पूर्व के

प्रमुख, कंट्री हेड - भारत, ब्रूकफील्ड एसेट मैनेजमेंट ने सीएक्सओ रन को हरी झंडी दिखाई और सामुदायिक संचालन को विटल सूर्यवंशी, वरिष्ठ उपाध्यक्ष और क्षेत्रीय प्रमुख-परिणम, ब्रूकफील्ड प्रॉपर्टीज द्वारा हरी झंडी दिखाकर रवाना किया गया। 2000 से ज्यादा लोगों ने इस पहल में हिस्सा लिया और 150 से ज्यादा सीएक्सओ #Break The Plastic Habit के समर्थन में इसमें टैडे रिसर्कल (ReCircle) यह संसाधनों की पुनर्प्राप्ति क्षेत्र में कार्यरत उद्यम इस पहल का रीसाइकलिंग पार्टनर है। संसाधनों को नष्ट होने से रोककर और रीसाइकल, पुनःउपयोग और

पुनर्निर्माण के ज़रिए संसाधनों को पुनर्प्राप्त करके स्थिर भविष्य के निर्माण में रीसर्कल (ReCircle) जुटा हुआ है। इस शुच्य कचरा रन से जुटाया जाने वाला पूरा फंड रोटररी क्लब द्वारा जिनकी सहायता की जा रही है ऐसे कई चैरिटेबल और सामाजिक कार्यों में इस्तेमाल किया जाएगा। ब्रूकफील्ड प्रॉपर्टीज ने दीर्घ काल से अनेक अनुभव "द इनोवेशन रन" बनाने के लिए पर्वट में सबसे पुराने संस्थान आईआईटी मुंबई के साथ सहयोग किया है। इसमें सीएक्सओ ने आईआईटी मुंबई के छात्रों के साथ टैडिलगाई। आज और भविष्य के लीडर्स ने इस रन को समर्थन देकर उसका उद्देश्य पूरा होने

में मदद की है। लाइव म्यूज़िक, फूड पीप-अप, खरीदारी और मनोरंजन से भरपूर एक कानिबल के साथ यह रन समाप्त हुई। पर्वट के लोगों के सक्रिय और उसाही सहभागिता से इस पूरी पहल में मौजमस्ती, तंदुरुस्ती, सामाजिक एकता, सामाजिक कार्य और मनोरंजन का बेहतरीन मिलाप देखा गया। पर्वट रन के बारे में ब्रूकफील्ड प्रॉपर्टीज के सीईओ और एमडी श्री आलोक अगरवाल ने कहा, "ब्रूकफील्ड प्रॉपर्टीज में हम मानते हैं कि हमारी आज और कल की पीढ़ियों के रहने के लिए इस दुनिया को एक बेहतर जगह बनाने के प्रयासों की शुरूआत अपने आप से की जानी चाहिए। पर्वट रन के लिए रोटररी क्लब ऑफ मुंबई लेकर्स और आईआईटी मुंबई के ई-सेल के साथ सहयोग करके और इस जागरूक, सक्रिय समुदाय में शामिल होकर हमें बहुत खुशी हो रही है। पर्वट को प्लास्टिक-मुक्त बनाने के उद्देश्य से उठाया गया पहला कदम #Break The Plastic Habit के साथ शुच्य कचरा रन का आयोजन किया गया था।"

## RCML: Serving Those Who Serve the Nation



It is a rare opportunity to be able to serve the people who make our lives easy every day and maintain law and order for the society.

It is a rare honor for us to be able to work closely with the people who are instrumental in making this country is a safe stable place so that all round development of this country is possible and common man leads a peaceful prosperous life.

For any information about our projects or to participate as a volunteer, kindly contact Nimish Agarwal (President RCML 2021-22) at 9920762628, Email - nilu\_pans@yahoo.co.in



ब्रूकफील्ड प्रॉपर्टीजने द रोटररी क्लब ऑफ मुंबई लेकर्सच्या सहयोगाने ११ व्या पर्वट रनम मुंबईतील पहिले झीरो वेस्ट रनचे आयोजन केले होते. या वेळी ब्रूकफील्ड प्रॉपर्टीजचे मुख कार्यकारी अधिकारी आणि व्यवस्थापकीय संचालक आलोक अगरवाल, रोटररी क्लब ऑ मुंबई लेकर्सच्या टीम पर्वट रनमधील दीपक एच दर्यानानी आदी उपस्थित होते.